

**“I’M STILL  
LEARNING TO  
AFFIRM MYSELF,  
BUT I TRY TO  
REMEMBER WHO I  
AM — EVEN IF  
SOMETIMES I  
HAVE TO PUT ON  
DIFFERENT MASKS  
IN DIFFERENT  
SPACES”**

*-Ray*  
JQYER



**“THE CONCEPT OF  
A SWEET NEW  
YEAR IS SO NICE  
— YOU GO INTO  
IT WITH THIS  
WARM, HAPPY  
FEELING. IT’S  
LIKE A WEIGHT  
OFF YOUR  
SHOULDERS.”**

*- Aiden*  
JQYER



**“IN HOLIDAY  
SITUATIONS, I GO  
FOR A WALK OR  
DO SOMETHING  
FOR MYSELF,  
AND TRY TO LET  
NEGATIVE  
THOUGHTS PASS  
LIKE LEAVES ON  
A STREAM.”**



*-Ray*  
JQYER

**“ROSH HASHANAH  
MAKES ME SO  
HAPPY BECAUSE  
IT’S LITERALLY  
FRESH STARTS.  
G-D IS ALWAYS  
HERE, WILLING TO  
FORGIVE AND  
MOVE ON”**

*- Aiden*  
JQYER



**“THE YOMIM  
NORAIM ARE  
NOT INTENDED  
TO BE SCARY...  
IT’S ABOUT THE  
ABILITY TO  
RESET MY  
CONNECTION  
TO HASHEM.”**

*- A.J.*  
JQYER

